

34th ANNUAL PHARMACY PRACTICE SEMINAR

August 23 -25, 2019

Holiday Inn | Wrightsville Beach, NC

Agenda

Friday – August 23, 2019

7:30am	Registration and Check-In – <i>Continental breakfast served in the concourse/Receive lunch menus</i>
8:00am - 10:00am	APhA Delivering Medication Therapy Management (MTM) Services Certificate Program (Home Study to be completed before live session) ACPE# 0202-9999-18-165-L04-P (8 hours) <i>Ouita Gatton, RPh</i> At the completion of this live seminar, the participant will be able to: <ol style="list-style-type: none">1. Advance public health and patient care through improved medication use (P)2. Provide training to enhance pharmacists' ability to effectively provide MTM services (P)3. Motivate increased numbers of pharmacists to establish MTM services (P)4. Communicate benchmark practices for providing MTM services (P)
10:00am - 12:00pm	Hot Topics in Dietary Supplements ACPE# 0046-0000-19-237-L04-P (2 hours) <i>Amanda Corbett, PharmD</i> Clinical Associate Professor UNC Eshelman School of Pharmacy At the completion of this knowledge-based, the participant will be able to: <ol style="list-style-type: none">1. Describe the practice of integrative medicine (P)2. Discuss current use of dietary supplements (P)3. Examine aromatherapy and dietary supplements through a hands-on activity (P)4. Discuss emerging use of dietary supplements and integrative medicine practices (P)
10:00am - 10:15am	Break – <i>Refreshments served in the concourse/Server picks up lunch orders</i>
10:15am - 12:00pm	Resume MTM Certificate Program
12:00pm - 12:45pm	Hot Topics in Dietary Supplements ends at 12:00pm (Participants on own for lunch) Lunch – <i>Served in Restaurant Stage/Alcove</i>
12:45pm - 2:30pm	Resume MTM Certificate Program

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1:00pm - 2:30pm

2019 Immunization Update

ACPE# 0046-0000-19-222-L06-P (3 hours)

Macary Weck Marciniak, PharmD

Clinical Associate Professor

UNC Eshelman School of Pharmacy

At the completion of this knowledge-based activity, participants will be able to:

1. Discuss significant updates to the Centers for Disease Control and Prevention (CDC) Advisory Committee on Immunization Practices (ACIP) recommendations for childhood, adolescent, and adult vaccines (P)
2. For each vaccine discussed, describe indications, contraindications, side effects, and administration (P)
3. Determine needed vaccines for a child, adolescent, or adult presenting with an immunization need (P)

2:30pm - 3:00pm

Break – *Refreshments served in the concourse*

3:00pm - 5:30pm

Resume MTM Certificate Program

Resume Immunization Update Program (Ends at 4:30pm)

Saturday – August 24, 2019

7:30am

Registration and Check-In – *Continental breakfast served in the concourse*

8:00am - 9:00am

Pharmacy Law Update

ACPE# 0046-0000-19-223-L03-P/T (1 hour)

Ellen Vick, PharmD, JD

Associate Executive Director

North Carolina Board of Pharmacy

At the completion of this knowledge-based activity, participants will be able to:

1. Define what prescription medications are "targeted controlled substances" under the STOP Act (P/T)
2. Identify when a pharmacist must upload dispensing data to the NC Controlled Substances Reporting System (CSRS) per the STOP Act (P/T)
3. Examine the circumstances when the STOP Act requires a pharmacist to review the 12-month CSRS information for a patient and document the review before dispensing the "targeted controlled medication" (P/T)
4. Define the day-supply limits on initial opioid prescriptions for acute pain or acute post-surgical pain per the STOP Act (P/T)

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5. Discuss, per the CARA Act, how many times a pharmacist can partially file a C-II prescription in the 30-day period after it was written. (P/T)

9:00am - 10:00am

New Drug Updates

ACPE# 0046-0000-19-224-L01-P/T (1 hour)

Wayne Wert

At the completion of this knowledge-based activity, the pharmacist/technician will be able to:

1. Describe the indications for use of all products discussed (P/T)
2. Effectively educate patient on the proper use of agents presented (P)
3. Provide key patient counseling on the common and/or serious adverse effects of agents presented (P)

10:00am - 10:15am

Break - *Refreshments served in the concourse*

10:15am - 11:15am

New Drugs for Bad Bugs

ACPE# 0046-0000-19-225-L01-P/T (1 hour)

Danya Roshdy, PharmD, BCPS, BCIDP

Clinical Pharmacy Specialist, Infectious Diseases

Carolinas Medical Center

At the completion of this knowledge-based activity, participants will be able to:

1. Describe the need for new antimicrobials for resistant pathogens (P/T)
2. Identify mechanisms of Gram-negative resistance (P/T)
3. Review properties and spectrum of activity of recently approved and pipeline antimicrobials (P/T)
4. Discuss possible places in therapy for new antimicrobials (P)

11:15am - 12:15pm

Managing Type 2 Diabetes in 2019: Finding Balance Between Costs and Outcomes

ACPE# 0046-0000-19-226-L01-P/T (1 hour)

Donald Nuzum, PharmD, BCACP, BC-ADM, CDE, CPP

Assistant Professor of Pharmacy

Wingate University

At the completion of this knowledge-based activity, participants will be able to:

1. Identify the changes in goals and treatment recommendations present in the 2019 ADA Standards of Care and AACE Management Algorithm (P)
2. Describe the new treatment options available for type 2 diabetes (P/T)
3. Compare and contrast the available treatment options in light of available safety, efficacy, renal and cardiovascular outcomes data (P/T)
4. Discuss a patient-specific treatment plan that accounts for safety, outcomes and patient preferences and characteristics through a patient case study (P)

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12:15pm - 1:15pm **Lunch** – *Served in the concourse – Seating in Sunset Terrace/ Lumina Ballroom*

1:15pm - 2:15pm **Treatment-Resistant Depression: An Update on New Treatments**

ACPE# 0046-0000-19-227-L01-P/T (1 hour)

Suzanne Harris, PharmD, BCPP, CPP

Clinical Assistant Professor

UNC Eshelman School of Pharmacy

At the completion of this knowledge-based activity, participants will be able to:

1. Review the prevalence and etiology of major depressive disorder (MDD) and treatment resistant depression (TRD) (P/T)
2. Outline treatment strategies for MDD patients who do not respond to first-line meds (P)
3. Compare and contrast current treatments of TRD, including, efficacy, safety, and tolerability profiles (P/T)
4. Review counseling points to ensure proper communication of new treatments for TRD (P)
5. Apply an understanding differentiating factors of new treatments for TRD to rationalize an optimal treatment approach (P)

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Sunday – August 25, 2019

- 7:30am **Registration and Check-In** – *Full, hot breakfast served in the concourse*
- 8:00am - 9:00am **NC Medicaid Update**
ACPE# 0046-0000-19-228-L04--P/T (1 hour)
Blake Cook, RPh
Outpatient Pharmacy Manager
NC Medicaid
- At the completion of this knowledge-based activity, participants will be able to:
1. Understand the history of the North Carolina Medicaid program and which services offered under Medicaid are mandatory by Federal law and which are optional (P)
 2. Describe details about recent Medicaid pharmacy statistics and prescription drug coverage rules (P/T)
 3. Discuss the N.C. Medicaid pharmacy program's recent successes and challenges (P/T)
 4. Outline Medicaid Managed Care and upcoming changes for the Medicaid program that affect all NC Pharmacies (P/T)
- 9:00am - 10:00am **Knowing Right(ish) from Wrong(ish): Update on Prescribing Best Practices for Older Adults**
ACPE# 0046-0000-19-229-L04-P/T (1 hour)
Tasha Woodall, PharmD
Associate Director of Pharmacotherapy
Mountain Area Health Education Center
- At the completion of this knowledge-based activity, participants will be able to:
1. Summarize updates on potentially inappropriate medications as published in the 2019 Beers Criteria. (P/T)
 2. Recognize medications NOT highlighted in the Beers Criteria which may still be inappropriate for a given clinical scenario. (P/T)
 3. Identify examples of the prescribing cascade, and discuss possible solutions to address or prevent this phenomenon. (P)
- 10:00am - 10:30am **Break** - *Refreshments in concourse. Unless other arraignments made, hotel checkout is 10:30am.*
- 10:30am - 11:30am **Contemporary Management Considerations for COPD**
ACPE# 0046-0000-19-230-L01-P/T (1 hour)
Dennis Williams, PharmD
Vice Chair for Professional Education and Practice, DPET
UNC Eshelman School of Pharmacy
- At the completion of this knowledge-based activity, participants will be able to:
1. Describe the role of various medications for COPD (P/T)
 2. Apply evidence to recommend medications for COPD treatment (P)

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3. Discuss the importance of counseling and educating patients regarding the proper use of inhalational devices (P)

11:30am - 12:30am

Strategies for Successful Tobacco Cessation

ACPE# 0046-0000-19-231-L04-P (1 hour)

Pete Koval, PharmD, BCPS, CPP

Director of Pharmacy Education

Greensboro Area Health Education Center

At the completion of this knowledge-based activity, participants will be able to:

1. Identify efficient strategies for eliciting and evoking change in patients interested in tobacco cessation (P)
2. Select and implement alternative drug therapy strategies for patients unsuccessful with tobacco cessation monotherapy (P)
3. Describe patient education and monitoring strategies to improve success rates with tobacco cessation intervention (P)