
AMERICAN PHARMACISTS ASSOCIATION'S



A CERTIFICATE PROGRAM FOR PHARMACISTS

***Hosted by Charlotte AHEC in conjunction with
The University of North Carolina Eshelman School of Pharmacy***

SATURDAY, APRIL 30, 2016
CHARLOTTE AHEC CENTER FOR LEARNING & DEVELOPMENT
5039 AIRPORT CENTER PARKWAY – BUILDING K
CHARLOTTE NC 28208

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APhA's The Pharmacist & Patient-Centered Diabetes Care certificate training program (5th Edition) is an intensive educational experience designed to equip pharmacists with the knowledge, skills, and confidence needed to provide effective, evidence-based diabetes care. Five self-study modules provide comprehensive instruction in current diabetes concepts and standards of care. The live seminar incorporates case studies and hands-on skills training focused on the situations most likely to be encountered—as well as the services most needed—in community and ambulatory care practice settings. Participants will gain experience evaluating and adjusting drug therapy regimens for patients with type 1 and type 2 diabetes, counseling patients about lifestyle interventions, analyzing and interpreting self-monitoring of blood glucose results, and assessing the overall health status of patients to identify needed monitoring and interventions.

The goals of this program are to:

- Provide comprehensive instruction on current standards of care for patients with diabetes
- Increase pharmacists' ability to apply pharmacotherapeutic information and serve as the drug therapy expert on the diabetes health care team
- Refresh pharmacists' knowledge of the pathophysiology of diabetes and the acute and long-term complications of the disease
- Familiarize pharmacists with important concepts in nutrition, exercise, and weight control that contribute to optimal diabetes care
- Provide training on the use of diabetes-related devices and physical assessments involved with optimal diabetes care
- Describe business opportunities and roles for pharmacists in improving health outcomes for patients with diabetes

APhA's The Pharmacist & Patient-Centered Diabetes Care certificate training program has two components: online interactive self-study with assessment; the live seminar which includes demonstrating competency in blood pressure testing, self-injection techniques, diabetic foot exam, and blood glucose testing, followed up with online evaluation and assessment. A Certificate of Achievement will be awarded to participants who successfully complete all program components.

Key Learning Objectives of the Live Training Seminar

At the completion of this activity, the participant will be able to:

- Evaluate the overall health status of patients with diabetes in terms of recommended monitoring and interventions, and formulate strategies for closing gaps in care
- Propose modifications to a patient's drug therapy regimen rooted in evidence-based algorithms for diabetes management
- Recommend dietary interventions to support optimal glycemic control and weight loss (when indicated) in patients with diabetes
- Analyze and interpret a patient's self-monitoring of blood glucose results and use the results to identify needed changes in the diabetes management plan
- Demonstrate proper technique for measuring blood pressure, administering injections, obtaining fingerstick samples for blood glucose monitoring, operating blood glucose meters, and performing monofilament foot testing
- Integrate the varied aspects of comprehensive diabetes care into efficient, sensitive, respectful pharmacist-patient interactions that support optimal patient self-management
- Describe ways in which pharmacists can keep abreast of new developments and take advantage of professional opportunities in diabetes care

For a complete list of learning objectives and for all APhA accreditation information and policies, please visit APhA's website, <http://www.pharmacist.com/pharmacist-patient-centered-diabetes-care>.

Seminar Agenda

- Check-in and Continental Breakfast
- Welcome, Introductions and Acknowledgements
- Comprehensive Diabetes Care
- Treating Type 2 Diabetes
- Break
- Insulin Therapy in Type 1 and Type 2 Diabetes
- Lunch and Networking
- Nutrition and Lifestyle Counseling for Patients
- Hands-On Skills Practice
- Break
- Next Steps and Resources
- Post-Seminar Final Instructions

Faculty

Charlene Williams , PharmD, BCACP, CDE, CPP
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Continuing Pharmacy Education (CPE) Information and Activity Completion Requirements

Initial release date: 12/15/2014; expiration date: 12/15/2017

Activity Type: Practice-based

Target Audience: Pharmacists in all practice settings

- Successful completion of the self-study component involves passing the online self-study assessment with a grade of 70% or higher and will result in 15 contact hours of CPE credit (1.5 CEUs). **ACPE Universal Activity Number: 0202-9999-14-165-H04-P.**
- Successful completion of the live seminar component involves attending the full live seminar, demonstrating competency in blood pressure testing, self-injection techniques, diabetic foot exam, and blood glucose testing, passing the online final exam with a grade of 70% or higher, as well as, completing the online evaluation. Successful completion of this component will result in 8 contact hours of CPE credit (0.8 CEU). **ACPE Universal Activity Number: 0202-9999-14-166-L04-P**

Once credit is claimed, Statements of Credit will be available online within 24 hours on participant's CPE Monitor profile at www.nabp.net. The Certificate of Achievement will be available online upon successful completion of the necessary activity requirements on the participant's "My Training" page on www.pharmacist.com



The American Pharmacists Association is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

Activity Requirements - Course material and exams will be accessed online - In order to participate in this activity, registrants must have access to a computer with minimum system requirements: Internet connectivity with current version of internet browsers, such as Chrome, Firefox, Safari, or Internet Explorer (V9 and above); Adobe Acrobat Reader, Flash Player 8 or higher, Windows 95, Pentium 3 or equivalent processor, 64 MB of free memory (not 64 MB total), and Audio: Sound card and speakers or earphones. For full technology requirements, please visit <http://www.pharmacist.com/pharmacist-patient-centered-diabetes-care>

The Pharmacist & Patient-Centered Diabetes Care certificate training program for Pharmacists was developed by the American Pharmacists Association © 2014 American Pharmacists Association.

Refund Policy:

CANCELLATION POLICY:

A minimum of 10 participants are required by April 4, 2016 for this class. Self-study information will be sent to individuals once this number is confirmed. Once the participant begins the self-study portion of this program by logging into the APhA website, there is a \$125 nonrefundable charge as well as applicable [AHEC cancellation fees](#) if there is a need to cancel for any reason.

