

# GERIATRIC symposium

Update in Geriatric Care:  
Concepts and Practice



Friday, October 7, 2016  
East Carolina Heart Institute  
115 Heart Drive  
Greenville, NC

Jointly Provided by:

Brody School of Medicine, Department of Family Medicine  
and the Office of Continuing Medical Education of East Carolina University  
and  
UNC Eshelman School of Pharmacy

Eastern AHEC Department of Nursing and Allied Health Education

*The Geriatric symposium:* Those over the age of 65 now constitute 13% of the population. By the year 2030 this number will have risen to 20%. North Carolina's moderate climate and relatively low cost of living continues to attract a growing number of retirees from across the country ballooning the numbers of our already large indigenous population of older patients. Significant advances in the recognition and treatment of many conditions that affect older patients will be addressed in this symposium.

Older patients often have different illnesses, physiology, and care needs. Our health care system must adapt to these issues to ensure optimal care. This symposium will enable participants to provide more effective evidence-based, quality care to the geriatric patient.

*Upon completion of this knowledge-based program, the participant should be able to integrate new developments in the following areas into practice:*

## Innovation in Dementia Practice: More Complex, More Rewarding

- ☞ Describe the cardinal diagnostic features of Alzheimer's disease, mild cognitive impairment, Lewy Body dementia, vascular dementia and frontotemporal dementia
- ☞ Identify and use a diagnostic approach to suspected dementia that identifies both the degree of cognitive impairment and the most likely diagnosis
- ☞ Discuss three key goals in management of early dementia, mid-stage dementia and advanced dementia

## Pharmacotherapy for Depression and Anxiety in Older Patients

- ☞ Differentiate characteristics of antidepressants and anxiolytics
- ☞ Compare the risks and benefits of medications for depression and anxiety in elderly patients
- ☞ Recommend and monitor antidepressants and anxiolytics

## Building to the Core: Reducing Geriatric Polypharmacy

- ☞ Discuss the perceived barriers and challenges to appropriate prescribing in the older adult
- ☞ Identify potentially inappropriate medications and possible safer alternatives for older adults
- ☞ Describe methods to reduce unnecessary medications for older adults in clinical practice

## Antimicrobial Stewardship in Long Term Care Settings

- ☞ Explain why an antimicrobial stewardship program is needed and describe the current antibiotic use pattern in nursing homes
- ☞ Learn about the effectiveness of various long term care antimicrobial stewardship programs
- ☞ Review the results and limitations of our Antimicrobial Stewardship initiative for long term care facilities in Greenville, NC

## Caring for North Carolina's Farmers, Fishers and Foresters

- ☞ Name common occupational hazards for those working in farming, fishing and forestry and how to advise patients to decrease these hazards
- ☞ Explain the NC AgrAbility Partnership to their patients and identify who may benefit from it
- ☞ Explain the Certified Safe Farm-NC and AgriSafe-NC programs to their agricultural patients and how they would benefit from it
- ☞ Identify the unique barriers to care that farm workers face

## When to Discuss Advance Care Planning and When to Trigger Hospice

- ☞ Review common prognostic tools and how they can help with discussing advance care planning or hospice care
- ☞ Describe advance care planning process
- ☞ Review the common qualifying conditions for hospice care

## Community Resources for the Geriatric Population

- ☞ Identify programs and services offered to families, professionals and caregivers in North Carolina to assist with the special needs of the geriatric population

## Who Should Attend

This conference has been planned for Physicians, Nurse Practitioners, Physician Assistants, Pharmacists, Registered Nurses, Nursing Home Administrators and other clinical staff, particularly those in the fields of Internal and Family Medicine.



## AGENDA - Geriatrics symposium

7:45 Registration/Breakfast Buffet

8:00 Welcome and Overview  
Ken Steinweg, MD

8:10 Innovation in Dementia Practice: More Complex, More Rewarding  
Philip Sloane, MD, MPH  
Tamyra Jovel, MSW

9:10 Pharmacotherapy for Depression and Anxiety in Older Patients  
Ann Marie Nye, PharmD

10:00 Break

10:15 Building to the Core: Reducing Geriatric Polypharmacy  
Candace Harrington, DNP, APRN, AGPCNP-BC

11:00 Antimicrobial Stewardship in Long Term Care Settings  
Muhammad S. Ashraf, MD

12:00 Lunch with Faculty

1:00 Caring for North Carolina's Farmers, Fishers and Foresters  
Gayle Thomas, MD

2:00 Break

2:15 When to Discuss Advance Care Planning and When to Trigger Hospice  
Tae Joon Lee, MD

3:15 Community Resources for the Geriatric Population  
Christal Curran, MSW, CIRS-A  
Peggy Best, LCSW  
Laura Jett, BSW  
Nicolle Miller, MS, MPH, RD, LDN

4:15 Q&A

4:30 Adjourn

## FACULTY

### PROGRAM DIRECTOR

**Kenneth Steinweg, MD**

Professor

Department of Family Medicine



### GUEST FACULTY

**Peggy Best, LCSW**

Associate Director-Programs and Outreach  
Alzheimer's Association Eastern NC Chapter

**Christal Curran, MSW, CIRS-A**

Director of Aging Services  
Pitt County Council on Aging

**Candace Harrington, DNP, APRN, AGPCNP-BC**

Adult/Geriatric Primary Care Nurse Practitioner  
Clinical Associate Professor  
College of Nursing, East Carolina University

**Laura Jett, BSW**

Family Caregiver Resource Specialist  
Mid-East Commission Area Agency on Aging  
Serving Beaufort, Bertie, Hertford, Martin and Pitt

**Tamyra Jovel, MSW**

Program and Services Director-Greenville Office  
Alzheimer's North Carolina

**Tae Joon Lee, MD, CMD, AGSF**

Medical Director of Hospice and Palliative Care  
Vidant Medical Center

**Nicolle Miller, MS, MPH, RD, LDN**

Healthy Aging Program Specialist  
Division of Aging and Adult Services  
NC Department of Health and Human Services

**Philip D. Sloane, MD, MPH**

Elizabeth and Oscar Goodwin  
Distinguished Professor of Family Medicine  
Co-Director, Program on Aging, Disability and  
Long-Term Care, the Cecil G. Sheps Center for  
Health Services Research  
University of North Carolina, Chapel Hill

**Gayle Thomas, MD**

Medical Director  
NC Farmworker Health Program  
Office of Rural Health  
NC Department of Health and Human Services

## BRODY SCHOOL OF MEDICINE FACULTY

**Muhammad S. Ashraf, MD**

Assistant Professor,  
Division of Infectious Diseases,  
Department of Internal Medicine  
Associate Program Director, Infectious Diseases Fellowship  
Associate Medical Director, Infection Control  
Associate Director, Antimicrobial Stewardship Program  
(Vidant Medical Center)

**Ann Marie Nye, PharmD**

Affiliate Assistant Professor  
Department of Family Medicine

# ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The Brody School of Medicine of East Carolina University, UNC Eshelman School of Pharmacy and Eastern AHEC Department of Nursing and Allied Health Education. The Brody School of Medicine of East Carolina University is accredited by the ACCME to provide continuing medical education for physicians.

# CREDIT

The Brody School of Medicine of East Carolina University designates this live activity for a maximum of 7 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit(s) commensurate with the extent of their participation in the activity.

Application has been made for up to 7 prescribed credit(s) by the American Academy of Family Physicians.

## Nurses:

7.0 CNE contact hours

Eastern AHEC Department of Nursing and Allied Health Education is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Attendance of the entire program is required before credit is awarded. Participation will be verified by check-in at the start of the program and initial-out at the conclusion of the program. Certificates will be awarded after the participant completes the evaluation.

## Other Professionals

EAHEC Contact Hours: 7.0 contact hours of education will be awarded at the completion of the program.

Nurses and Pharmacists must attend the entire program to receive credit. Participation will be verified by check-in at the start of the program and initial-out at the conclusion of the program. Certificates will be awarded after the participant completes the evaluation.

## Pharmacists:

This program, ACPE# 0046-9999-16-131-L01-P will provide 7 contact hours of continuing pharmacy education credit for full-program participation. To receive CE credit, attendance must be acknowledged at the registration desk upon arrival at the program. Participants must attend the entire session to receive CE credit. Statements of credit can be viewed and printed from CPE Monitor.



The University of North Carolina Eshelman School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number U1QHP28722 and Geriatrics Workforce Enhancement Program for a total award of \$2,543,874.00 and 0 percent financed with nongovernmental sources. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.



## ENJOY A NIGHT AWAY....

*Candlewood Suites* 1055 Waterford Commons Drive, Greenville, NC (252-317-3000)

*Holiday Inn Express* 900 Moye Blvd. Greenville, NC (252-754-8300)  
\*Shuttle Service Provided\*

*Courtyard by Marriott* 2225 Stantonsburg Road Greenville, NC (252-329-2900)

## REGISTRATION INFORMATION

Pre-registration is required. Advanced payment of fee is necessary to guarantee space. For your convenience, an e-syllabus which you can print from your computer is available at no extra charge. Payment may be made by check or by credit card. Registrations may be completed on-line at [www.ecu.edu/cme](http://www.ecu.edu/cme) or faxed to (252) 744-5229. Checks should be made payable to Office of CME.

## CANCELATIONS

Full refund will be made if registration is canceled prior to September 22, 2016. Any cancellations between September 22nd and September 29th will be subject to a \$35.00 handling charge. There will be no refunds after September 30th.

REGISTRATION FEE: (Includes Scientific Session, Lunch, Breaks, and on-line handouts)

\$125 Physicians/Other Doctorates

\$75 Other Health Professionals

\$25 Residents/Students

A letter of confirmation which includes a link to the e-syllabus and map to the conference site will be emailed prior to the program date. Please be sure that we have a current email address for you upon registration and that you have recognized ECU/Brody School of Medicine and EAHEC as safe senders so that you will receive all follow-up course information. We will not be mailing any correspondence. The registration fee provides for participation in the proceedings, lunch, refreshment breaks and an on-line syllabus.

Evaluations will be emailed to the provided email address by the third business day after the program ends. Once you have completed the evaluation, your certificate will be available for you to print or download.

*Please be sure to bring a sweater or jacket for your comfort during the program.*



Any individual requiring accommodation under ADA or for general information and registration assistance call: Office of CME at (252) 744-5208. For emergency calls to participants during program, call The East Carolina Heart Institute (252) 744-5601.

# GERIATRICS *symposium*

All participants should pre-register

Register online at <http://ecu.edu/cme> under "Symposia, Conferences, & Workshops" *OR*

Return this form to: Office of CME, PO Box 7224, Greenville, NC 27835-7224, ATTN: Registration  
Phone: (252) 744-5208 FAX: (252) 744-5229

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ MI \_\_\_\_\_

Print 4 digit ID (typically the last 4 digits of Soc. Sec. #) for credit tracking

Discipline (check one)  MD/DO  NP  PA  MSN/RN  Pharmacist  Other \_\_\_\_\_

Specialty \_\_\_\_\_

E-mail goes to  Home  Office

Practice Site Name \_\_\_\_\_

Street/PO Box \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Home address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Please check the credit(s) you wish to receive, if available.

AMA PRA Category 1 Credit™ (Physician credit)  CNE  AAFP Prescribed Credit  Contact Hours  ACPE

PARTICIPANT'S NABP E-PROFILE ID \_\_\_\_\_ DATE OF BIRTH (MM/DD) \_\_\_\_\_

## FEES

Physicians/Other Doctorates \_\_\_\_\_ \$125.00

Other Health Professionals \_\_\_\_\_ \$75.00

Residents/Students \_\_\_\_\_ \$25.00

## METHOD OF PAYMENT

**For Office Use Only** Event # C49715

Amount Enclosed/Paid \$ \_\_\_\_\_ Date \_\_\_\_\_

Agency check  Personal check  Cash  Credit card

Please indicate check or charge card

Check/Cash Enclosed for \$ \_\_\_\_\_ Charge:  Visa  MasterCard  AMX  Discover

Signature \_\_\_\_\_

If Paying by Credit Card – Billing Address Required

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Account #

Expiration Date \_\_\_\_\_ Security Code (Last 3 digits on back of card)

Friday, October 7, 2016 at the East Carolina Heart Institute