



# SBIRT: Train the Trainer

(Screening, Brief Intervention and Referral to Treatment)



Friday

# October 21, 2016

8 a.m. - 5 p.m.



Pfeiffer University  
Raleigh/Durham Campus  
Smith Hall-Room 408  
2280 Slater Rd, Suite 100  
Morrisville, NC 27560



In affiliation with Duke University Medical Center  
Part of the NCAHEC Program



## Target Audience

Post-secondary educators in the following disciplines: physicians, physician assistants, nurse practitioners, pharmacists, psychologists, social workers, counselors, nurses, and other interested health professionals.

## About the Program

SBIRT (Screening, Brief Intervention, and Referral to Treatment) is an approach to the delivery of early intervention and treatment for people with substance use disorders and those at risk of developing these disorders. The purpose of this one-day workshop is to increase the number of SBIRT trainers and trainees in rural and urban parts of south eastern North Carolina. Expert trainers from Duke Medical Center will train 40 faculty members each year from various disciplines. These faculty members will assist in training over 600 students each year from their respective programs. The workshop includes education and practice in motivational interviewing techniques related to SBIRT. The training includes screening, brief intervention, and referral to treatment skills as well as special topics related to SBIRT. All participants must complete online training before and after the workshop.

## Objectives

- Describe the importance of addressing alcohol and drug misuse;
- Examine the evidence base for screening, brief intervention and referral to treatment (SBIRT);
- Explain the rationale for implementing SBIRT in health care settings;
- Discuss and practice each step in the SBIRT model;
- Describe and practice motivational interviewing principles and skills;
- Describe and practice strategies for teaching and supervising students in the SBIRT approach.

## Outcomes

- Participating health care champions will be able to use SBIRT in their practice settings;
- Participating health care champions will be able to facilitate SBIRT training programs in their educational settings with students.

## Agenda

8 a.m. - 8:15 a.m.	Registration
8:15 a.m. - 10:15 a.m.	Student Workshop
10:15 a.m. - 10:30 a.m.	Break
10:30 a.m. - 12:30 p.m.	Addiction Medicine
12:30 p.m. - 1:30 p.m.	Lunch (not provided)
1:30 p.m. - 3:15 p.m.	Motivational Interviewing
3:15 p.m. - 3:30 p.m.	Break
3:30 p.m. - 5 p.m.	Teaching SBIRT

## Faculty



**Ashwin Patkar, M.D.**, is currently a professor of psychiatry and community and family medicine, and the medical director of Duke Addictions Programs and Duke Center for Addiction Behavior and Change at Duke University Medical Center. He is a faculty member for neuroscience medicine at Duke Clinical Research Institute (DCRI). Dr Patkar earned his medical degree from G. S. Medical College in Bombay, India; his MRCPsych from the Royal College of Psychiatrists, England; and neuropharmacology degree from University of Nottingham, England.

## Why Should You Attend?

Champions will receive the following: two treatment books, \$300 stipend, CE credit and an SBIRT Certificate.

## Who Should Consider the Training?

This training is limited to educators teaching post secondary students. Faculty in the following disciplines are encouraged to register for this course: Medical, Mental Health, Nursing, Social Work and Pharmacy. There is a limit of 20 participants per training event. This training will be offered two to three times per year through September 2018.

## What are the Expectations After the Training?

Champions Trainers will have opportunity to facilitate future student workshops and be paid \$300 an hour.

## Pre/Post Work

All champions must complete pre and post-workshop assignments online.

## Fee

There is no fee to attend, but you must complete and send a registration form (back page).

## Substitutes

Participants who register and are unable to attend, please contact: [Laura.Henry@sr-ahec.org](mailto:Laura.Henry@sr-ahec.org)

## Contact

Laura Henry  
Southern Regional AHEC  
910-678-7030  
[Laura.Henry@sr-ahec.org](mailto:Laura.Henry@sr-ahec.org)

He completed his psychiatry residency at Thomas Jefferson University in Philadelphia and was the director of biological psychiatry and clinical trials as well as the associate director of addiction programs at Thomas Jefferson University. He is certified in psychiatry with the American Board of Neurology and Psychiatry with sub-specialty certification in addiction psychiatry; American Society of Addiction Medicine (ASAM) certification in addiction medicine; and certification in pain medicine (American Board of Pain Medicine). Dr Patkar holds unrestricted license to practice medicine in North Carolina and Pennsylvania with no adverse actions or claims reported to the National Practitioner Data Bank.



**Matt Martin, Ph.D., LMFT**, received his doctoral degree in Medical Family Therapy from East Carolina University. He previously received master's and bachelor's degrees from Brigham Young University. Matt completed a pre-doctoral internship at the Dartmouth Family Medicine Residency Program in Concord, New Hampshire and a post-doctoral fellowship at the Chicago Center for Family Health which is affiliated with the University of Chicago. Currently, Matt is the director of behavioral medicine education and behavioral health services at the Duke/Southern Regional AHEC Family Medicine Residency Program in Fayetteville, NC. He is also project director for the SAMHSA funded SR-AHEC SBIRT Training Program.

## Credit

AMA PRA Category 1 Credit™: 7.25 hours

**Credit Statement:** The Southern Regional AHEC designates this live activity for a maximum of 7.25 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Accreditation:** The Southern Regional AHEC is accredited by the North Carolina Medical Society (NCMS) to provide continuing medical education for physicians.

**Disclosure Statement:** The Southern Regional AHEC adheres to ACCME Essential Areas and Policies regarding industry support of continuing medical education. Disclosure of faculty/planning committee members and commercial relationships will be made known at the activity. Speakers are also expected to openly disclose a discussion of any off-label, experimental, or investigational use of drugs or devices in their presentations.

**CNE:** 7.25 contact hours will be awarded to participants who attend 100% of this activity.

Southern Regional AHEC is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

**Psychologists:** The program will provide 7.25 contact hours (category A) continuing education credit to NC Psychologists. Substance Abuse Professionals: SR-AHEC adheres to NAADAC Education Provider Guidelines Provider #843

**Counselors:** 7.25 contact hours will be awarded to participants. Southern Regional AHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5362. Programs that do not qualify for NBCC credit are clearly identified. Southern Regional AHEC is solely responsible for all aspects of the programs.

**Social Workers:** 7.25 contact hours will be awarded to participants. CEU: 0.7 units are awarded to participants. All participants must attend 100% of this program.

**ACPE:** 7.25 hours

ACPE# 0046-9999-16-207-L04-P

**Disclosure:** Southern Regional AHEC adheres to the ACPE policies regarding commercial support. Disclosure of faculty/planning committee members and commercial relationships will be made known of the activity. Speakers are expected to openly disclose a discussion of any off-label, experimental or investigational use of drugs or devices in their presentations.

*In collaboration with UNC Eshelman School of Pharmacy.*



The University of North Carolina Eshelman School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. To receive CE credit, attendance must be acknowledged at the registration desk upon arrival at the program. Statements of credit will be uploaded to CPE Monitor within 4-6 weeks of completion of program. Participants will have access to print CE certificates from their CPE Profile under CPE Monitor.

# Registration Form

Form may be duplicated.

**SBIRT: Train the Trainer**  
CASCE #50370 / CME161021

Phone: 910-678-7030 Fax: 910-678-7069

Online: <http://www.aheconnect.com/ncahec/eventdetail.aspx?EventID=50370>

Mail: SR-AHEC, ATTN: Laura Henry, 1601 Owen Drive, Fayetteville, NC 28304

Email: [Laura.Henry@sr-ahec.org](mailto:Laura.Henry@sr-ahec.org)

Circle one: Dr. Mr. Mrs. Ms.

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Name \_\_\_\_\_ Last 4 digits of SS# \_\_\_\_\_

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Certifications/Degrees \_\_\_\_\_ Specialty Area \_\_\_\_\_ Are you an NCC? \_\_\_\_\_

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Employer \_\_\_\_\_ Job Title \_\_\_\_\_

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Work Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

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Home Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

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Phone (work) \_\_\_\_\_ (home) \_\_\_\_\_

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Email (primary) \_\_\_\_\_ (secondary) \_\_\_\_\_

A valid email address is needed for program communications; secondary email will only be used if your primary replies as "undeliverable."

Do not send email announcements of upcoming SR-AHEC programs.

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Special Needs / Food Allergies \_\_\_\_\_

*The handouts for the program will be provided online through MyCE located on the SR-AHEC website: [www.sr-ahec.org](http://www.sr-ahec.org). Early registration is encouraged, as full access instructions will be sent with registration confirmation via e-mail.*

*For Continuing Education References concerning inclement weather, tobacco-free campus and ADA requirements, please go to: <http://sr-ahec.org/ContinuingEd/CE.html> In affiliation with Duke University Medical Center Part of the NC AHEC Program [www.sr-ahec.org](http://www.sr-ahec.org)*

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**Office Use Only:** Check Auth # \_\_\_\_\_ Date \_\_\_\_\_ From \_\_\_\_\_ Amount \$ \_\_\_\_\_

[www.sr-ahec.org](http://www.sr-ahec.org)  
1601 Owen Drive • Fayetteville, NC 28304  
910-678-7226



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