

Strategies for the Obesity Epidemic



Thursday

February 23, 2017

8 a.m. - 4 p.m.



Partnership for Children of Cumberland County 351 Wagoner Drive, Suite 200 Multipurpose Room #2328 Fayetteville, NC 28303



Target Audience

Nutritionists, dieticians, pharmacists, nurses, pharmacy techs, case managers and other health care workers interested in learning more about working with the obesity epidemic.

Program Description

We all know the obesity epidemic is growing and has long term effects on one's overall health and morbidity. This one day program will provide strategies for the health care worker to incorporate in their treatment of patients.

Outcome and Objectives

To provide practical strategies that will enhance the knowledge and skills for health care providers to improve the outcomes in obesity care.

Upon completion of this knowledge-based program, pharmacists should be able to:

- Discuss strategies for the successful management of overweight and obese patients when considering the addition of pharmacotherapy management to existing weight loss efforts;
- Describe obesity's impact on the development and treatment of type 2 diabetes;
- Identify strategies to effective communication about obesity to improve provide-patient communication about weight related health; and
- List and understand various methods of weight-loss surgical options.

Speakers

Beth Mills, PharmD, BCACP, BC-ADM, CDE, Clinical Assistant Professor Campbell University College of Pharmacy & Health Sciences Benson Area Medical Center, Benson, NC

Ben Saypol, Director, Theater Delta, Chapel Hill, NC

Erica Sudyk, MHS PA-C, Duke Center for Metabolic and Weight Loss Surgery

Agenda

8 a.m. Sign In
8:15 a.m. Welcome & Announcements
8:20 a.m. Pharmacological Management

8:20 a.m. Pharmacological Management Options

Beth Mills, PharmD, BCACP, BC-ADM, CDE

9:50 a.m. Break

10 a.m. Obesity: Impact on Diabetes

Beth Mills, PharmD, BCACP, BC-ADM, CDE

11:15 a.m. Lunch (provided)

11:45 a.m. Are You Measuring Up

Theater Delta

1:45 p.m. Break

2 p.m. Bariatric Surgical Options/Devices

Erica Sudyk, MHS, PA-C

4 p.m. Adjourn

Important Information

Early registration is encouraged, as full instructions will be sent with a registration confirmation via e-mail. For continuing education references concerning inclement weather, tobacco policy and ADA requirements, please go to: sr-ahec.org/ContinuingEd/CE.html

Fee

\$90 if registration and payment received by February 9, 2017; \$100 thereafter. \$81 per person for groups of 3 or more registering together with one form of payment by February 9, 2017; \$91 thereafter

Credit

6.5 CNE hours: Southern Regional AHEC is an approved provider of continuing nursing education by the North Carolina Nurses Association, An accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

In collaboration with UNC Eshelman School of Pharmacy.



The University of North Carolina Eshelman School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. To receive CE credit, attendance must be acknowledged at the registration desk upon arrival at the program. Statements of credit will be uploaded to CPE Monitor within 4-6 weeks of completion of program. Participants will have access to print CE certificates from their CPE Profile under CPE Monitor.

Disclosure: Southern Regional AHEC adheres to the ACPE policies regarding commercial support. Disclosure of faculty/planning committee members and commercial relationships will be made known of the activity. Speakers are expected to openly disclose a discussion of any off-label, experimental or investigational use of drugs or devices in their presentations.

Application has been submitted to the Commission on Dietetic Registration (CDR), an approver of Continuing Professional Education (CPE) programs for Registered Dietitians.

Substitutes/Refunds/Transfers

Participants who register for the program and are not able to attend, may:

- Send a substitute:
- Cancel 48 business hours before the program and receive a voucher for 100% of the registration fee for use at a future SR-AHEC program; or
- Cancel 48 business hours before the program and obtain a refund for 70% of the registration fee.

Cancellations less than 48 business hours before the program are non-refundable. Participants who register for a program and do not attend will forfeit the full amount of the program registration fee.

Contact

Sherri G. Eubanks, BSN, RN, Director of AH/Nursing CE/Nurse Refresher sherri.eubanks@sr-ahec.org / 910-678-7246

For information on program registration, call 910-678-7226.

PLEASE NOTE:

Construction at Southern Regional AHEC will limit parking availability, therefore, locations for continuing education programs will vary. Please check the communications you have received, including the front of this brochure, to ensure that you know the program's location.

Earn \$35 toward a future program... Get Your CERV Card Today!



Would you like \$35 toward one of our programs? It's yours with your Continuing Education Rewards Voucher (CERV). When you attend your next program with us, you will receive a CERV card. Bring it with you each time you attend a program and one of our continuing education staff members will initial it for you. After you have attended five programs, your card can be redeemed for \$35 toward a *future program. It's just our way of saying, "thanks" to great customers, like you!).

*Not redeemable for CME series or contract programs and must be initialed by SR-AHEC personnel at current program.

Registration Form

Form may be duplicated.

Strategies for the Obesity Epidemic CASCE #51470 / AH170223

Phone: 910-678-7226 Fax: 910-323-0674

Mail: SR-AHEC, Attention Registrar, 1601 Owen Drive, Fayetteville, NC 28304

Click here for online registration: http://www.aheconnect.com/ncahec/eventdetail.aspx?EventID=51470

| | | Last 4 digits of SS# |
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| First Name L | Last Name | |
| Email (primary) | (secondary - only used if primar | y is undeliverable) |
| ☐ <u>Do not</u> send email announcements of upcoming SR-AHEC program | ns. | with participants and/or exhibitors. |
| Home Address | City | State Zip Code |
| Employer | Job Title | |
| Work Address | City | State Zip Code |
| Phone (work) (home) | (c | ell) |
| Certifications/Degrees Specialty A | Area(s) | Are you an NCC? |
| Special Needs / Food Allergies | | |
| How did you hear about this SR-AHEC program? □ Printed Publication □ Email □ Fax □ Word of Mouth □ | ☐ AHEC web site ☐ MyAHEC ☐ Fa | acebook 🗆 Other |
| Payment Information SR-AHEC requires full payment for all registrations prior to the prograr lieu of payment. Access to workshop materials and handouts cannot be the date of receipt. | | |
| ☐ Check (Make payable to SR-AHEC) | | |
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